

**Rudston. 1619.**

An Almanacke and Progno-  
stication for the yeare of  
our Lord God,  
1619.

Being the third from Leape yeare.

Calculated for the Meridian  
and Latitude of the City of  
London, & may well serue  
for all the adjacent parts  
of this Monarchy of  
great Brittain.

Whereunto are annexed many  
necessary Rules, Tables and  
directions, not before this  
published.

By Iohn Rudston Math:

**LONDON.**

Printed for the Company of  
of Stationers. 1619.



**A Table of the four Termes and their Returnes of  
Essoinedayes, dayes Of exception, Returna breuium  
and apparence for this year. 1619.**

**Hillary Terme** begins Ianuary 23. and ends February 12.  
and hath 4. Returnes.

**Ret: or day of Esso: | d. of est. | d. of Exc. | Ret. in. | d. of appa.**

Octabis Hillar	Jan. 20.	Jan. 21.	Jan. 22.	Janu. 23.
Quind. Hillar.	Jan. 27.	Jan. 28.	Jan. 29.	Janu. 30.
Craft. Purifi.	febr. 3.	febr. 4.	feb. 5.	febru. 6.
Octab. Purifi.	febr. 10.	febr. 10.	feb. 11.	febr. 12.

**Easter Terme** begins the 14. day of Aprill, and ends the  
10. day of May and hath 5. returnes.

Quind. pasch	Apr. 12.	Apr. 12.	Apr. 13.	Apr. 14.
Tres pascha	Apr. 19.	Apr. 19.	Apr. 20.	Apr. 21.
Mens pascha	Apr. 26.	Apr. 26.	Apr. 27.	Apr. 28.
Quinq; pasch	May 3.	May 3.	May 4.	May 5.
Craft. Ascen.	May 7.	May 8.	May 10.	May 10.

**Trinity Terme** begins the 28. day of May, and ends the  
16. day of Iune, and hath 4. returnes.

Craft Trin.	May 24.	May 25.	May 26.	May 28.
Octab. Trin.	May 13.	May 13.	May 14.	May 15.
Quind. Trin.	June 7.	June 7.	June 8.	June 9.
Tres Trinita.	June 14.	June 14.	June 15.	June 16.

**Michaelmas Terme** begins the 9. of Octob: and ends the  
29. of Nouem. and hath 8. returnes.

Octab. Mich.	Octob. 6.	Octo. 7.	Octob: 8.	Octob: 9.
Quind. Mich.	Octo. 13.	Octo: 14.	Octo: 15.	Octo: 16.
Tres Mich.	Octo. 20.	Octo: 21.	Octo: 22.	Octo: 23.
Mens. Mich.	Octo. 27.	Octo: 28.	Octo: 29.	Octo: 30.
Craft. anima.	Novē. 3.	Novē: 4.	Novē: 5.	Novē: 6.
Craft. Martin	Novē. 12.	Novē: 13.	Novē: 15.	Novē: 15.
Octab. Marti.	Novē. 18.	Novē: 19.	Novē: 20.	Novē. 20.
Quind. Mart.	Novē. 25.	Novē: 26.	Novē: 27.	Novē: 27.

# The common Notes and moueable Feasts this present yeare of Grace. 1619.

According to

The olde Account vled in England.	The new reformed Account vled beyond Seas.
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5	The Golden Number.	5
4	The Cycle of the Sunne.	4
25	The Epact.	15
2	The Romane Indiction.	2
A	The Dominicall letter.	A

febr. 7.	Shroue-sunday.	febr.	10
febr. 10.	<del>Wed</del> Wednesday.	febr.	13
March 28.	Easter day.	March	31
May 2.	Rogation Sunday.	May	5
May 6.	Ascension day.	May	9
May 16.	Whitsunday.	May	19
Novemb. 28	Aduent Sunday.	Decem.	1

6. weekes and two dayes.	{ The lesser distance be= tween Christmas and Shroue-Sunday.	6. week. 5. dayes
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25. weekes.	{ The greater distance be= tweene Trinitie and Ad= uent Sunday.	25. weekes.
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17. of february.	{ The foure falls of Ember dayes.	february 20
19. of May.		May 22
15. of Septem.		Septemb. 18
15. of Decemb.		December 18

Times prohibited from marriage is from Aduent Sunday last past to the 11. day of Januarie. Againe, from the 25. day of februarie to the 5. day of Aprill. And from the 3. day of May to the 24. day of May.

**The Anatomie of Mans body, as the  
partes thereof are gouerned of twelue  
Signes in the Zodiacke.**

<p><b>Taurus,</b> Neck &amp; throat <b>Cancer,</b> Brest stomach, and ribbes. <b>Virgo,</b> Bowels and Belly. <b>Scorpio,</b> Secret mem- bers. <b>Capricornus</b> The knees.</p>	<p><b>Aries, head and face.</b></p>  <p><b>Pisces, The feet.</b></p>	<p><b>Gemini,</b> The Armes &amp; shoulders. <b>Leo,</b> Heart and backe. <b>Libra,</b> Reynes and Loynes. <b>Sagitarius,</b> the Thighes <b>Aquarius,</b> The Legges</p>
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**The Signes Regiment in foure me-  
moratiue Verses.**

Aries head, Taurus necke, Gemini armes requires,  
Cancer brest, Leo heart; Virgo wombe desires:  
Libra loynes, Scorpio secrets: Sagitary thighes,  
Capricorn knees, Aquaries legs; pisces feet supplies



Ianuarie hath xxxj. dayes.

Now is't a time vnmeet to bleed,  
Yet bathes with counsell thou maist vse,  
It is not good to purge, sweat, bleed,  
No Physicke take, sweet drinckes refuse.

1	a	Petr. & Paul.	Dagi. 3.	3	59		11	d
2	b	Oct. Step.	Dag. 15	4	0		12	e
3	c	Oct. Johan.	Dag. 27	4	1	● New	13	f
4	d	Oct. Inno.	Cap. 9.	4	2	moone the	14	g
5	e	Depo. Edw.	Cap. 21	4	3	5. day at 7.	15	a
6	f	Twelte day.	Aqua. 3.	4	5	a clocke at	16	b
7	g	Felix & Jan.	Aqu. 16	4	6	at night.	17	c
8	a	Lucian prie.	Aqua. 28	4	7		18	d
9	b	Marth vir.	Disc. 11.	4	8		19	e
10	c	Solin Aquari.	Disc. 24.	4	9	☾ First	20	f
11	d	Wed. coin in.	Aries. 8.	4	10	quart. the	21	g
12	e	Archade ma.	Aries 22	4	11	13. day at	22	a
13	f	Hillarius bi.	Taur. 6.	4	13	6. in the	23	b
14	g	Felix	Tau. 21	4	14	morning.	24	c
15	a	Mauric. Ab	Gem. 5.	4	16		25	d
16	b	Marcellus.	Gem. 20	4	17		26	e
17	c	2. in. at. Tw.	Canc. 5.	4	19	● Full	27	f
18	d	Prisca virg.	Can. 19	4	20	moone the	28	g
19	e	Amolston bi.	Leo 3.	4	22	19. day at	29	a
20	f	Octabis Hilla	Leo 17.	4	24	1. quarters	30	b
21	g	Agnes virg.	Virgo 1	4	25	of an houre	31	c
22	a	Vincenc	Vir. 14.	4	27	past 10. at	Febr. 1	d
23	b	Cecine beg.	Vir. 27.	4	29	night.	2	e
24	c	Sepruag. fli.	Lib. 10.	4	30		3	f
25	d	Co. of Paul	Lio. 22.	4	31		4	g
26	e	Policarp.	Scor. 5	4	34	☾ Last	5	a
27	f	Quind. Hilla.	Scor. 17	4	36	quart. the	6	b
28	g	Valerius.	Scor. 29	4	38	27. day at	7	c
29	a	Theodore	Dag. 11	4	39	high noone	8	d
30	b	Barild.	Dag. 23	4	40		9	e
31	c	Sexagesima	Cap. 5.	4	41		10	f

# Februarie hath xxviij. dayes.

Milke, Fennish fowle and Physiche sic,  
 Bathe but vse not Phlebotomie:  
 Take heede of cold, feede warily,  
 Least Agues breede thy miserieo.

1	d	Bright. fall	Cap. 18.	4 43			11	g
2	e	Pur. of Ma	Aqua. 0.	4 45			12	a
3	f	Craft. Purif	Aqu. 12.	4 47	● New		13	b
4	g	Sib. Bish.	Aqu. 25.	4 49	Moone the		14	c
5	a	Agathie vir.	Pisc. 8.	4 51	4. day at		15	d
6	b	Medasti. bish.	Pisc. 21	4 53	high noon.		16	e
7	c	Throuetun	Ari. 5.	4 55			17	f
8	d	Solin Pisc.	Ari. 19.	4 58			18	g
9	e	Apolin.	Tau. 3.	5 0			19	a
10	f	Thwedel.	Tau. 17	5 2	) First		20	b
11	g	Eutronte.	Gem. 1.	5 4	quart. the		21	c
12	a	Terme end.	Ge. 16	5 6	11. day at		22	d
13	b	Wolfran.	Can. 0.	5 8	1. a clocke		23	e
14	c	1. sun. in lent	Can. 15.	5 10	after noon.		24	f
15	d	Faulstine.	Can. 29	5 13			25	g
16	e	Julian virg.	Leo. 13.	5 15			26	a
17	f	Emb. weeke	Leo. 26.	5 17			27	b
18	g	Concor. virg	Virg. 9.	5 19	● Full		28	c
19	a	Sabine.	Vir. 22.	5 21	Moone the	Mar.	1	d
20	b	Midred.	Lib. 5.	5 23	18. day at		2	e
21	c	2. sun. in lent	Lib. 18.	5 25	11. before		3	f
22	d	Pet. chaire.	Scor. 0.	5 27	noone.		4	g
23	e	Polica. fau	Scor. 12.	5 29			5	a
24	f	W. Mathias	Scor. 24	5 31			6	b
25	g	Alexan. bish.	Sagt. 7.	5 33	( Last		7	c
26	a	Nest. mart.	Sagt. 19	5 35	quart. the		8	d
27	b	Augustine.	Cap. 1.	5 38	26. day at		9	e
28	c	3. sun. in lent	Cap. 13	5 40	halfe an		10	f
					houre past			
					8. in the			
					moone.			

March hath xxxj. dayes.

Humors this moneth in man abound,  
 Let foode therefore be choise and sound :  
 No Physicke take, ne purge or bleede,  
 But by learn'd Counsell and good heede.

1	d	David Bi.	Cap. 26.	5 43		11	g
2	e	Chadde.	Aqu. 8.	5 45		12	a
3	f	Maurice.	Aqua. 21	5 46		13	b
4	g	Adrian.	Pis. 4.	5 48		14	c
5	a	Eusebius.	Pis. 17.	5 50	● New	15	d
6	b	Victorie.	Ari. 1.	5 52	moone the	16	e
7	c	Mid lent su.	Ari. 15.	5 54	6. day at 1.	17	f
8	d	Felix Mart.	Ari. 29.	5 56	a clocke in	18	g
9	e	Agapir. virg.	Tau. 13	5 58	the morn.	19	a
10	f	Idia Aries.	Tau. 28	6 0		20	b
11	g	Italus.	Gem. 12	6 2	● First	21	c
12	a	Grego. mag.	Gem. 27	6 4	quart. the	22	d
13	b	Theod. mar.	Can. 11	6 6	12. day at	23	e
14	c	Passion sun.	Can. 25	6 8	8. a clocke	24	f
15	d	Locrine mar.	Leo. 9.	6 10	at night.	25	g
16	e	Gertrude.	Leo. 23.	6 12		26	a
17	f	Patrick.	Virg. 6.	6 14		27	b
18	g	Edm. King.	Vir. 19.	6 16		28	c
19	a	Joseph.	Lib. 1.	6 18	● Full	29	d
20	b	Cutbert. bi.	Lib. 14	6 20	moons the	30	e
21	c	Palmsunday	Lib. 26.	6 22	20. day at	31	f
22	d	Isrodoie.	Scor. 8.	6 24	2. in the Apr.	1	g
23	e	Theodore.	Scor. 20	6 26	morning.	2	a
24	f	int. reg. lac.	Sag. 2.	6 28		3	b
25	g	Ana. of Ma.	Sag. 14	6 30		4	c
26	a	Calloz mart.	Sag. 26	6 32		5	d
27	b	Martian.	Cap. 8.	6 34	● Last	6	e
28	c	Walter day.	Cap. 21.	6 36	quart. the	7	f
29	d	Widoine.	Aqua. 3.	6 38	28. day at	8	g
30	e	Quintine.	Aqu. 16.	6 39	4. in the	9	a
31	f	Doelme bish.	Aqu. 29.	6 41	morning.	10	b

Aprill hath xxx. dayes.

Now Nature doth regaine her power,  
 Poores opened are and blood increase,  
 Therefore this Month doth beare the Flower,  
 To cure by Physicke thy disease.

1	g	Theodore.	Disc. 12	6 42		11	c
2	a	Mary egypt.	Disc. 26	6 44		12	d
3	b	Rich. bish.	Aries 10	6 46	● New	13	e
4	c	Low Sunday	Aries 24	6 48	Moon the	14	f
5	d	Med. com in.	Taur. 8.	6 50	4. day at	15	g
6	e	Serius bi.	Tau. 23.	6 52	high noon.	16	a
7	f	Euphemie	Gem. 8	6 54		17	b
8	g	Egilippus.	Gem. 23	6 56		18	c
9	a	Perpetuus.	Canc. 7.	6 58		19	d
10	b	Tibur & val.	Can. 22	7 0	☾ first	20	e
11	c	Sol in Taurus	Leo 6	7 2	quart. the	21	f
12	d	Julius	Leo 19.	7 4	11. day at	22	g
13	e	Fenon bish.	Virg. 3	7 6	3. in the	23	a
14	f	Terin begin	Virg. 16	7 8	morning.	24	b
15	g	Donald	Virg. 29	7 9		25	c
16	a	Ilmore	Lib. 11	7 11		26	d
17	b	Anicete	Lib. 23.	7 13		27	e
18	c	3. lu. at. East.	Scor. 5.	7 14	● full	28	f
19	d	Tres paichas	Sco. 17	7 16	Moon the	29	g
20	e	Victor	Sco. 29	7 18	18. day at	30	a
21	f	Simeon.	Sag. 11	7 19	5. a clocke	May. 1	b
22	g	Soter & Cal	Sag. 22	7 21	after noon.	2	c
23	a	S. George.	Cap. 4	7 23		3	d
24	b	Willfr. fall	Cap. 16	7 24		4	e
25	c	Mark Euā.	Cap. 29	7 26	☾ Last	5	f
26	d	Mens. pascha	Aqu. 11	7 28	quart. the	6	g
27	e	Anastatius	Aqu. 24	7 30	26. day at	7	a
28	f	Uitalis.	Disc. 7	7 31	8. & 20. mi.	8	b
29	g	Peter mill.	Disc. 20.	7 32	at night.	9	c
30	a	Erkenwald.	Aries. 4.	7 34		10	d

May hath xxxj. dayes.

Take Phisickes aide for malady,  
Vse Sage thy drinke to qualifie,  
Rise early trauerse pleasantly,  
The Fieldes that smell most fragrantly.

1	b	May day	Aries 18.	7 35		11	f
2	e	Moga. sabbay	Taur. 2.	7 37	● New	12	f
3	d	Quinq; pasc	Tau. 17.	7 39	moone the	13	g
4	e	wed. go out.	Gem. 2.	7 40	3. day at a	14	a
5	f	Goddard.	Gem. 17.	7 41	quart. past	15	b
6	g	Acemou da.	Can. 2.	7 43	8. in the e-	16	c
7	a	Craft. Alcen.	Can. 17.	7 45	uening.	17	d
8	b	Appa Mich.	Leo 1.	7 47		18	e
9	c	6. sun. af. Ca.	Leo 15.	7 48	☾ First	19	f
10	d	Terme end.	Leo 29.	7 50	quart. the	20	g
11	e	Soll in Gem.	Virg. 13.	7 51	10. day at	21	a
12	f	Pancracius	Virg. 26.	7 53	11. before	22	b
13	g	Theodore vi	Lib. 8.	7 55	noone.	23	c
14	a	Boniface	Lib. 21.	7 56		24	d
15	b	Isidore	Scorp. 3.	7 57		25	e
16	c	Whitunday	Scor. 15.	7 58		26	f
17	d	Dymp virg.	Scor. 26.	8 0	● Full	27	g
18	e	Dioscor	Sag. 8.	8 1	moone the	28	a
19	f	Emb. weeke	Sag. 17.	8 2	18. day at	29	b
20	g	Bernardine.	Cap. 1.	8 3	halfe an	30	c
21	a	Hellen Du.	Cap. 13.	8 4	houre past	31	d
22	b	Julian bish.	Cap. 26.	8 4	8. in the	June. 1	e
23	c	Crinie lun	Aqua. 7.	8 5	morning.	2	f
24	d	Craft Trin.	Aqu. 19.	8 6		3	g
25	e	wed. com in	Disc. 2.	8 6	☾ Last	4	a
26	f	Eluther	Disc. 15.	8 7	quart. the	5	b
27	g	Corpus Chri	Disc. 28.	8 8	26. day at	6	c
28	a	Terme beg	Aries 12.	8 8	10. before	7	d
29	b	Nichomede	Aries 26.	8 9	noone.	8	e
30	c	1. sun. af. tri.	Tau. 11.	8 10		9	f
31	d	Octab. Trin	Tau. 26.	8 10		10	g

# June hath xxx. dayes.

This moneth bid spices hore adue,  
 Coolemeates and hearbs are now the best.  
 To bathe, purge, bleede doenow eschew,  
 If you doe loue your health and rest.

1 e	Nichomede.	Gem. 11	8 10	● New	11 a
2 f	Marcellus.	Gem. 26	8 10	moone the	12 b
3 g	Grasimus.	Can. 11	8 11	2. day at	13 c
4 a	Nutrine bi.	Can. 25	8 11	halfe an	14 d
5 b	Boniface.	Leo. 10.	8 12	houre past	15 e
6 c	2. sh. aft. trin.	Leo. 24.	8 12	3. morning	16 f
7 d	Quind. Trin.	Virg. 8.	8 12	☾ First	17 g
8 e	Medard.	Vir. 21.	8 13	quart. the 8.	18 a
9 f	Tran. Ed n.	Lib. 5.	8 13	day at 10.	19 b
10 g	Innocent.	Lib. 17.	8 13	at night.	20 c
11 a	Pa. Sol in cā	Sco. 0.	8 13		21 d
12 b	Salld.	Sco. 12	8 13		22 e
13 c	3. sh. aft. trin.	Sco. 24	8 13		23 f
14 d	Tres Trinitat.	Sagu. 6.	8 13		24 g
15 e	Wite.	Sag. 17	8 13	● Full	25 a
16 f	Terme ends	Sag. 29	8 13	Moone the	26 b
17 g	Botulph.	Cap. 11.	8 12	16. day at	27 c
18 a	Marcelline.	Cap. 22.	8 12	midnight.	28 d
19 b	Gervasus.	Aqua. 4.	8 11		29 e
20 c	4. sh. aft. trin.	Aqu. 16.	8 11		30 f
21 d	Walsburg.	Aqu. 28.	8 11		July. 1 g
22 e	Albany mar.	Pisc. 11	8 10		2 a
23 f	Jo. Mar. fair	Pisc. 24	8 10	☾ Last	3 b
24 g	S. Joh. Bap	Aries. 7.	8 9	quart. the	4 c
25 a	Petronie.	Arie. 21.	8 9	24. day at	5 d
26 b	Anne.	Taur. 5.	8 8	8. and 15.	6 e
27 c	5. sh. aft. trin.	Can. 20	8 7	minutes at	7 f
28 d	Leo bish.	Gem. 4.	8 6	night.	8 g
29 e	S. Per. ap.	Gem. 19	8 5		9 a
30 f	Tom. Paul.	Can. 4.	8 4		10 b

Iuly hath xxxj. dayes.

In Iune what is prescrib'd for health,  
Accordeth best with Iulies heate.  
Coole Bath's to wit in Christall streames,  
Coole hearbs likewise and coolest meate.

1	g	De. of S. J.	Can. 19	8	4	● New	11	c
2	a	visit. of Ma.	Leo. 4.	8	3	moone the	12	d
3	b	Trā. of Tho.	Leo. 18.	8	2	first day at	13	e
4	c	6. sū. aft. trin.	Virg. 2.	8	1	11. before	14	f
5	d	Zone virgin.	Vir. 16.	8	0	noone.	15	g
6	e	De. of Pe. J.	Lib. 0.	7	59		16	a
7	f	Trā. of Th.	Lib. 13.	7	58	☾ First	17	b
8	g	Grimbald.	Lib. 25.	7	57	quart. the	18	c
9	a	Cicill.	Scor. 8.	7	56	8. day at	19	d
10	b	7. b. eth. mar.	Scor. 20.	7	55	11. before	20	e
11	c	7. sū. aft. trin.	Sag. 2.	7	54	noone.	21	f
12	d	Sol in leo.	Sag. 14.	7	52		22	g
13	e	Private.	Sag. 26.	7	51		23	a
14	f	Reuell.	Cap. 8.	7	49		24	b
15	g	Swithin.	Cap. 20.	7	47	● Full	25	c
16	a	Tran. of Ol.	Aqua. 2.	7	45	moone the	26	d
17	b	Kenelme R.	Aqu. 14.	7	43	16. day at	27	e
18	c	8. sū. aft. trin.	Aqu. 26.	7	41	halfe an	28	f
19	d	Ruff. & Just.	Disc. 8.	7	40	houre past	29	g
20	e	Wogdayes b.	Disc. 21	7	39	2. af. noon.	30	a
21	f	Waxed.	Art. 4.	7	38		31	b
22	g	Ma. Mag.	Art. 17.	7	36		August 1	c
23	a	Apollonia.	Tau. 1.	7	35	☾ Last	2	d
24	b	Christ, fast	Tau. 15	7	33	quart. the	3	e
25	c	S. Jam. Ap.	Tau. 29	7	31	24. day at	4	f
26	d	In. mo. of M.	Gem. 14	7	29	4. in the	5	g
27	e	7. sleepers.	Gem. 29	7	28	morning.	6	a
28	f	Dampson R.	Can. 13.	7	26	● New	7	b
29	g	Init. reg. Scor.	Can. 28.	7	25	moone the	8	c
30	a	52. pere lines	Leo. 12.	7	23	30. day at	9	d
31	b	German.	Leo. 27.	7	21	7. at night.	10	e



August hath xxxj. dayes.

This Month the Dog-starre violently,  
Doth heate the blood and humors fry,  
Nephelicke or Phlebotomie,  
Helpes now but breeds infirmities.

1	C	10. su. aft. tri.	Vir. 11.	7 21		11	f
2	d	Laminas d.	Vir. 24.	7 20		12	g
3	e	Inu. of Ste.	Lib. 7.	7 18	( first	13	a
4	f	Iustine	Lib. 20.	7 16	mar. the 7.	14	b
5	g	Colo. conf.	Scor. 3.	7 15	day, at 3.	15	c
6	a	Trā. of Ch.	Scor. 16.	7 14	in the mo.	16	d
7	b	Donatus	Scor. 28.	7 12		17	e
8	C	11. su. af. tri.	Sag. 10.	7 11		18	f
9	d	Lampen. ma	Sag. 22.	7 9	● full	19	g
10	e	Tiburt	Cap. 4.	7 7	Moone the	20	a
11	f	Clare virgin	Cap. 16.	7 6	15. day at	21	b
12	g	Col. a virgo.	Cap. 28.	7 4	4 & 30. mi.	22	c
13	a	Eusebius	Aqu. 11.	7 2	in the mo.	23	d
14	b	Ann. of Ma.	Aqu. 23.	7 0		24	e
15	C	12. su. aft. tri	Pis. 5.	6 58		25	f
16	d	Roch. Conf	Pis. 18.	6 56		26	g
17	e	Octa Lam.	Aries 1.	6 54	) Last	27	a
18	f	Agapite ma.	Aries 14.	6 52	quart. the	28	b
19	g	Magn. mar.	Aries 27.	6 50	22. day at	29	c
20	a	Bern. confel.	Tau. 11.	6 48	10. before	30	d
21	b	Leues king	Tau. 25.	6 46	noone.	31	e
22	C	13. su. af. tri.	Gem. 10.	6 44		Septē. 1	f
23	d	Time. Fall	Gem. 24.	6 42		2	g
24	e	Bartho. Ap.	Can. 9.	6 40		3	a
25	f	Lodouicus	Can. 23.	6 38	● New	4	b
26	g	Heuprine	Leo 8.	6 37	moone the	5	c
27	a	Dog day end	Leo 22.	6 35	29. day at	6	d
28	b	August.	Virg. 6.	6 33	4 & 20. mi.	7	e
29	C	14. su. aft. tri	Virg. 19.	6 31	in the mo.	8	f
30	d	Felix	Lib. 3.	6 29	ning.	9	g
31	e	Entburg.	Lib. 16.	6 27		10	a

September hath xxx. dayes.

Ripe Fruites but found in measure eate,  
 Now Spice you may vse with your meate,  
 Now Dog dayes gone bath. purge and bleed,  
 And Phisicke take if that you need.

1 f	Giles Abbot	Lib. 28.	6 24			II	b
2 g	Antho. mart.	Scor. 11	6 22			12	c
3 a	Ordin. Greg	Scor. 23	6 20			13	d
4 b	Trans. of cut	Sag. 6.	6 18	( First		14	e
5 c	15. su. af. tri.	Sag. 18	6 16	quart. the		15	f
6 d	Pa. reg. & M	Capit. 0	6 14	5. day at 9.		16	g
7 e	Pat. B. Ma	Cap. 12	6 12	at night.		17	a
8 f	Corgonus	Cap. 24.	6 9			18	b
9 g	Silvius	Aqua. 7	6 7			19	c
10 a	Proth a Jac.	Aqu. 19	6 4			20	d
11 b	Martian	Disc. 1.	6 2	( Full		21	e
12 c	16. su. aft. tri	Disc. 14	6 0	moone the		22	f
13 d	Solia Libra	Disc. 27	5 58	13. day at		23	g
14 e	Holy Crosse	Aries 10	5 56	5. & 30. mi.		24	a
15 f	Ember wee.	Aries 24	5 54	afternoone		25	b
16 g	Edith	Taur. 8	5 53			26	c
17 a	Lambert	Tau. 22	5 51			27	d
18 b	Mic. & corio.	Gem. 6	5 50	( Last		28	e
19 c	17. su. af. tri.	Gem. 20	5 48	quart. the		29	f
20 d	Eusta. fall	Can. 5	5 46	20. day at		30	g
21 e	Math. Apo.	Can. 19	5 44	3. & 35. m.	Octo	1	a
22 f	Mauritios	Leo 4	5 43	afternoone		2	b
23 g	Teclin	Leo 18	5 41			3	c
24 a	Irmin.	Mrg. 2	5 39			4	d
25 b	Androther	Mir. 15	5 37			5	e
26 c	18. su. af. tri.	Mir. 29	5 35	( New		6	f
27 d	Colma	Lib. 11	5 33	moone the		7	g
28 e	Exuperius	Lib. 24.	5 31	27. day at		8	a
29 f	Mich. Arch.	Scor. 7	5 29	4. & 30. mi.		9	b
30 g	Hieronymus	Scor. 29	5 27	afternoone		10	c

# October hath xxxj dayes.

With good hote Brothes and vestures warme,  
 From colde thy body keepe:  
 Good store of food will doe no harme,  
 Drinke olde good wines and largely sleepe.

1	a	Bemigius.	Sagi.	15	24		11	d
2	b	Leodegar.	Sag.	13	5	23	12	e
3	c	19. su. aft. tri.	Sag.	25	5	21	13	f
4	d	Francis conf.	Capri.	8	5	19	14	g
5	e	Spoliar.	Capri.	20	5	17	15	a
6	f	Octab. Mich.	Aqua.	2	5	15	16	b
7	g	Marc. & Ma	Aqu.	14	5	13	17	c
8	a	Delagie ma.	Aqu.	27	5	11	18	d
9	b	Cerine bea.	Dist.	10	5	9	19	e
10	c	20. su. aft. tri	Dist.	22	5	7	20	f
11	d	Creon.	Aries	6	5	5	21	g
12	e	Nichallus.	Ari.	19	5	3	22	a
13	f	Quind. Mi. h.	Tau.	3	5	0	23	b
14	g	Sol in Scorpi	Tau.	17	4	57	24	c
15	a	Wolfran.	Gemi.	2	4	55	25	d
16	b	Nich. moun.	Gem.	16	4	53	26	e
17	c	21. su. aft. tri	Can.	1	4	51	27	f
18	d	Luke Euan	Can.	16	4	49	28	g
19	e	friskwde.	Leo	0	4	47	29	a
20	f	Sres Michael.	Leo	14	4	45	30	b
21	g	11000 vi. m.	Leo	28	4	43	31	c
22	a	Mary sol.	Virg.	12	4	41	Noué. 1	d
23	b	Rom. Arch.	Virg.	25	4	39		e
24	c	22. su. aft. tri.	Libra	8	4	38	3	f
25	d	Crispin.	Libra	21	4	36	4	g
26	e	Artula.	Scor.	34	4	34	5	a
27	f	Meas Mich.	Scor.	16	4	33	6	b
28	g	Stm & Jm	Scor.	28	4	31	7	c
29	a	Parcellus	Sagi.	7	4	30	8	d
30	b	German	Sag.	22	4	28	9	e
31	c	Quint. fal	Capri.	3	4	27	10	f

Nouember hath xxx. dayes.

Now in thy meates vse Spicerie,  
 But vse ye no Phlebotomie :  
 For Winters colde extremitie,  
 Thereby may breede infirmitie.

1	d	All Saints	Cap. 15	4 26		11	g
2	e	All Soules	Cap. 27	4 24		12	a
3	f	Craſtin ani.	Aqu. 10	4 22	☾ First	13	b
4	g	Inuincius.	Aqu. 22	4 21	quart. the	14	c
5	a	Sayills con	Pisces 4	4 20	4. day at	15	d
6	b	ſaith virg.	Piſc. 17	4 18	noone.	16	e
7	c	23. ſu. aft. tri.	Aries 0	4 17		17	f
8	d	Crowned m.	Arie. 14	4 15		18	g
9	e	Theodore.	Arie. 28	4 13		19	a
10	f	Iuſtus biſh.	Tau. 12	4 11	● Full	20	b
11	g	Martin biſh.	Tau. 26	4 10	moone the	21	c
12	a	Craſt Mart.	Gem. 11	4 8	11. day at	22	d
13	b	Sol in Sagita	Gem. 26	4 7	4. & 30. mt.	23	e
14	c	24. ſu. aft. tri.	Can. 11	4 6	aft. noone.	24	f
15	d	Macute.	Can. 25	4 5		25	g
16	e	Edmond bi.	Leo 10	4 4		26	a
17	f	Hugo. biſhop	Leo 24	4 3	☾ Laſt	27	b
18	g	Octab. Marr.	Virg. 8	4 2	quart. the	28	c
19	a	Ma. P. Cha.	Virg. 22	4 1	18. day at	29	d
20	b	Edmund R.	Libra 5	4 0	7. in the	30	e
21	c	25. ſu. aft. tri.	Libra 18	3 59	morning.	Decē. 1	f
22	d	Cicely virg.	Scor. 1	3 58		2	g
23	e	Clement.	Scor. 13	3 57		3	a
24	f	Grifogon.	Scor. 25	3 56		4	b
25	g	Quin. Mar.	Sagi. 7	3 55	● New	5	c
26	a	Linus biſhop	Sag. 19	3 54	moone the	6	d
27	b	ſeigne ends	Capr. 0	3 53	26. day at	7	e
28	c	Aduent ſun.	Cap. 12	3 52	1. a clocke	8	f
29	d	ſa. ma. ſa.	Cap. 24	3 51	in the moy-	9	g
30	e	Andrew Ap	Aquar. 6	3 50	ning.	10	a

# December hath xxxj. dayes.

Let passions absence minde secure,  
 Let warmth thy bodies health procure,  
 Then bodies health minde tranquilliz'd,  
 Will deeme it's state emparadiz'd.

1	f	Med. go out	Aqu. 17.	3	50		11	b
2	g	Libanus	Disc. 0	3	50		12	c
3	a	Olmu. Dep.	Disc. 12.	3	49	First	13	d
4	b	Barbara	Disc. 25.	3	49	quart. the	14	e
5	c	1. sū. in Aduē	Aries 8.	3	48	4. day. at 5	15	f
6	d	Nicholas	Aries 22	3	48	in the mor.	16	g
7	e	Ambrose.	Taur. 6.	3	48		17	a
8	f	Cypri. Abbot	Tau. 20	3	47		18	b
9	g	Eulalia.	Gem. 5.	3	47		19	c
10	a	Paul Conf.	Gem. 19	3	47	Full	20	d
11	b	Jolin Capr.	Can. 4.	3	47	moone the	21	e
12	c	2. sū. in Aduē	Can. 19.	3	47	11. day at	22	f
13	d	Lucy virgin	Leo 4.	3	47	2. & 30. mi.	23	g
14	e	Orty	Leo 19	3	47	in the mor.	24	a
15	f	Imberweeke	Virg. 4	3	48		25	b
16	g	O. sapientia	Vir. 18	3	48		26	c
17	a	Lazarus	Lib. 1.	3	48	Last	27	d
18	b	Gratian	Libz. 15	3	48	quart. the	28	e
19	c	3. sū. in Aduē	Libz. 28	3	49	17. day at	29	f
20	d	Julia. Fast	Scor. 10	3	49	7. & 24. mi.	30	g
21	e	S. Tho. Ap	Scor. 22	3	50	at night.	31	a
22	f	30. Martirs.	Sag. 4.	3	51		Janua. 1	b
23	g	Victor virg.	Sag. 16	3	52		2	c
24	a	Ignatius	Sag. 28	3	53		3	d
25	b	Thullinas.	Capr. 10	3	54	New	4	e
26	c	S. Stephe.	Cap. 21	3	55	moone the	5	f
27	d	S. John.	Aqua. 3	3	56	25. day at	6	g
28	e	Innocents	Aqu. 15	3	57	8. at night.	7	a
29	f	Tho. Becke	Aqua. 27	3	57		8	b
30	g	Trā. Innoc.	Disce. 9	3	58		9	c
31	a	Siluester.	Disc. 21	3	59		10	d

Rudstone. 1619.

*A Prognostication*  
for the yeere of our Lord  
GOD, 1619.

Deduced from the Motions  
and Positions of the supream  
and luminous bodies, to this  
opacons Globe of the  
Earth.

By *Iohn Rudstone*, Mathe-  
matician.

Whereunto are annexed many Tables  
and Directions, delectable and use-  
full.

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Imprinted at London for the  
*Companie of Stationers.*

1619.

## A Prognostication.

**C** For the use of such as shall trauaile long iourneys & voyages (or otherwise desirous to know, how the Feast daies and other seasons & distinctions of the times of the next yeare falleth out,) I haue added the Common notes, moueable Feasts & aspects of the Moone, for the next two yeares, with directions how by helpe thereof you may know the times of Sundaies & Holy dayes moueable, and fixe; & the place of the Moone, her changes, fulls, and quarters, &c.

**The common Notes and moueable Feasts for  
the yeare 1620. being Leape-yeare.**

According to

Our English Accompt		Forraine Accompt.
6	The golden number.	6
5	The circle of the Sunne	5
6	The Epact.	16
3	The Roman Indiction.	3
E A	The Dominicall Letter.	E D
Febru: 27.	Shrouelunday.	1 of March.
March 1.	Ashwednesday.	4 of February.
April 16.	Easter day.	19 of April.
May 21.	Rogation Sunday.	17 of May.
May 25.	Ascension day.	21 of May.
June 4.	Whitsonday.	31 of May.
Decem: 3.	Aduent Sunday	29. of Nouember

**The new Moones, full Moones, and quarters,  
Anno Domini. 1620.**

The Months	New moon	First quart.	Full moon.	Last quart.
	D. H. M.	D. H. M.	D. H. M.	D. H. M.
January.	24. 3. 11. p	2. 8. 39. p	9. 0. 38. p	16. 10. 51. a
February.	22. 8. 38. a	1. 8. 22. p	7. 11. 2. p	15. 4. 59. a
March.	23. 11. 13. p	51. 5. 11. p	8. 10. 2. a	16. 0. 16. a
		30. 11. 35. p		




# Rudstone. 1619.

	New moone	First quart.	Full moone	Last quart.
	D. H. M.	D. H. M.	D. H. M.	D. H. M.
Aprill.	22. 11. 6. a	28. 4. 57. a	6. 10. 8. p	14. 7. 16. p
May.	21. 8. 10. p	28. 11. 39. a	6. 11. 58. a	14. 0. 48. p
June.	20. 3. 54. a	26. 6. 39. p	5. 0. 53. a	13. 4. 9. a
July.	19. 11. 3. a	26. 5. 19. a	4. 3. 39. p	12. 5. 7. p
August.	17. 6. 37. p	24. 7. 22. p	3. 7. 8. a	11. 3. 51. a
Septemb.	16. 3. 26. a	23. 0. 33. p	1. 10. 54. p	9. 0. 26. p
October.	15. 2. 30. p	23. 8. 4. a	1. 2. 12. p	8. 7. 24. p
			31. 4. 29. a	
Novemb.	14. 4. 14. a	22. 4. 32. a	29. 5. 21. p	7. 1. 6. a
Decemb.	13. 8. 24. p	22. 0. 30. a	29. 4. 34. a	6. 9. 32. a

The Common Notes and moueable Feasts for the yeare  
1621. being the first yeare after Leape-yeare.

According to

Our English Account  Forraine Account.

7	The Golden number	7
6	The circle of the Sunne	6
17	The Epact	17
4	The Roman Indiction	4
G	The Dominicall Letter	C
Febr: 11	Shroudsunday	Febr: 21
Febr: 14	Ashwednesday	Febr: 24
Aprill 1	Easter day	Aprill 11
May 6	Rogation Sunday	May 16
May 10	Ascention day	May 20
May 20	Whitsunday	May 30
Decem: 2	Aduent Sunday	Novemb: 28

The new Moones, Fulls, and quarters, Anno, 1621.

The months	New moone	First quart.	Full moone.	Last quart.
	D. H. M.	D. H. M.	D. H. M.	D. H. M.
Ianuary	12. 2. 35. p	20. 0. 51. p	27. 2. 56. p	4. 7. 33. p
Februa:	11. 9. 33. a	19. 8. 56. a	26. 0. 37. a	3. 8. 8. p
March.	13. 3. 33. a	20. 7. 37. p	27. 10. 7. a	4. 11. 23. p
Aprill.	11. 7. 20. p	19. 3. 4. a	25. 7. 57. p	3. 4. 20. p
May.	11. 8. 26. a	17. 8. 10. a	25. 6. 38. a	3. 10. 3. a
June.	9. 6. 40. p	16. 0. 29. p	23. 6. 28. p	1. 3. 32. a

B a

July.

## A Prognostication.

	New moone	First quart.	Full moone.	Last quart.
	D: H: M:	D. H. M.	D. H. M.	D: H: M:
July	9. 3. 35. a	15. 6. 0. p	23. 8. 5. a	1. 8. 15. p 30. 11. 49. a
August.	7. 11. 39. a	14. 2. 20. a	21. 11. 35. p	30. 1. 32. a
Septem.	5. 7. 38. p	12. 2. 10. p	20. 4. 26. p	28. 1. 36. f
Octob.	4. 4. 37. a	12. 5. 47. a	20. 9. 42. a	27. 10. 55. f
Novem.	3. 2. 34. p	11. 0. 34. a	19. 2. 14. a	26. 6. 46. a
Decem.	2. 2. 46. a	10. 0. 10. a	18. 5. 7. p	25. 2. 8. p

**The Common Notes, and moueable Feasts, for  
the yeare of Grace 1622. being the second  
after Bissextile, According to**

Our English Accompt.	Forraine Accompt.	
8	The Golden number.	8
7	The Circle of the Sunne.	7
28	The Epact.	18
5	The Roman Indiction.	5
F	The Dominicall Letter.	B
March 3	Shrove Sunday	6 of Febru:
March 6	Ash Wednesday	9 of Febru:
April 21	Easter day	27 of March
May 16.	Rogation Sunday	1 of May.
May 30.	Ascension day.	5 of May.
June 9	Whit Sunday.	15 of May
December 1	Aduent Sunday	27 of Nouem:

**The New Moones, Full Moones, and quarter, for the  
yeare of our Redemption 1622.**

The months	New moone	First quart.	Full moone.	Last quart.
	D. H. M.	D: H: M:	D: H: M:	D: H: M:
January	1. 5. 14. p 31. 9. 47. a	9. 6. 0. p	17. 7. 10. a	23. 10. 8. p
Februa:		8. 1. 44. p	15. 4. 54. p	22. 7. 48. a

# Rudstone. 1619.

	New moone	First quart	Full moone	Last quart
	D. H. M.	D. H. M.	D. H. M.	D. H. M.
March.	2. 3. 31.a	10. 6. 36.a	16. 2. 11.a	23. 7. 53.p
	31. 9. 8.p			
Aprill.	30. 1. 28.a	8. 7. 15.p	15. 11. 52.a	22. 9. 38.a
May.	29. 1. 10.a	8. 3. 39.a	14. 7. 7.p	22. 1. 32.a
Iune.	28. 3. 46.p	6. 10. 58.a	13. 3. 23.a	21. 3. 45.a
Iuly.	28. 2. 19.a	5. 3. 0.p	12. 1. 50.p	20. 11. 0.p
August.	26. 11. 55.a	3. 7. 58.p	11. 2. 4.a	19. 40. 20.a
Septem.	24. 8. 58.p	2. 2. 25.a	9. 4. 48.p	17. 8. 57.p
Octob.	24. 6. 12.a	1. 0. 0.0.	9. 9. 53.a	17. 0. 0.0
		31. 1. 27.a		
Nouem.	23. 6. 27.a	29. 6. 23.p	8. 4. 14.p	16. 0. 53.a
Decem.	22. 4. 17.a	29. 1. 53.p	7. 10. 30.p	15. 11. 8.a

In the precedent Tables of the Moones aspects, the same aspects of the moone to the sun are set at the head, and in the next column underneath the title of Dayes, howers, & min: and the moneths in the first marginal column to the left hand, with the dates, howers & min: of such aspects in the succeeding columns to the right hand, with these letters A, and P, set after the said howers and minutes, signifying whether those aspects fall out before or after noone, A standing for Ante, or before noone, and P for Post, or after noone, for Example, The next yeare 1620. I desire to know when the new Moone or first quarter shall happen in January: for resolution whereof, repairing to the former table of the Moones aspects for that yeare, & finding the month at the side, and the said aspects of the Moone at the head, I find against them in the common angle succeeding the said month to the right hand these figures 24. 3. 11 denoting the said aspect to happen the 24. day of Jan: the 3. houre, and 11. min: after noone, for that it hath P set thereto. And for the first quarter in like manner 2. 8. 39. which P set after, shewing it to be upon the 2. day of January, at 8. of the clocke, and 39. min: after noone, for that it hath P ascribed thereto, which standeth for Post, signifying after-noone.

## A Prognostication.

Eclipses, 1619. 1620. 1621. 1622.

**T**he yeare 1619, will happen Two Eclipses of the Moone within the list of our Horizon, whereof the first occurs the 16 of June, at 11 a clocke, & 45 min; beginning at 10 and 38 min; and ending at 52 min; after midnight, the totall duration being 2 houres & 14 min: The greatestt obscuration wherof, at xi. & 45 min: being to the quantity of 3 digits.

The other Lunar Eclipse will be enveloped in the earthes shade with greatestt darknes at two and 35. min; in the morning the 11 of December, beginning to wade into the earths umbraticke cone at xii. and 56 min: and to be cleared out of it at 4. and 13 min: so that the totall duration is 3 houres and 20 minuts.

The yeare 1620. will be presented to our view two great Eclipses of the moon. The first hapning the 5. day of June, at 53 min; past xii. in the morning, when being at greatestt obscuration will be eclipsed 18 digtes, which is by one halfe more then the whole superficies of her body, being very neere to the diameter line of the earths shadow, so that the totall duration will be 4 houres, and 2 minuts.

The second being to the quantity 19. digites, will happen at 5 & 12 min: at night the 29 day of November beginning to infecture the earths shade at 3 of the clocke, & 27 min: and wholly umbratized of the same at 7 and 16 min: so that the whole duration is 3 houres, and 49 minuts.

The yeare 1621 one only eclipse, and that of the sun will be visible in our Horizon, which will be objected to our sight by interposition of the Moones body, causing the regression of light at the greatestt eclipsed 10 digites, which will be at 3. min: past 7 in the morning of the 10 of March, beginning at 10 min: past 6 in the morning, and ending at 9 & 1 min: The whole time of the moones race in reiection of the suns rayes, from our sight being 2 houres & 50 min: This eclipse about Edinburgh in Scotland will appear almost a totall obscuration.

The yeare 1622 will appeare no eclipse in our Hemisphere.

Instructions for the vse of the precedent  
Notes and Tables.

**T**he Dominicall Letter being found amongst the Common Notes of the yeares 1620. 1621. 1622. then looke vpon what daies of the month you shall find the same Dominicall letter noted in the coluine of the Dominicall letters set downe  
in

## Ruditone. 1619.

in the Almanacke part heerof for the yeare 1619. these daies are Sundaires, which hauing found, you cannot bee ignorant how the other weeke daies follow. And for the Holy daies fixed, they fall alwaies vpon one and the same day of the moneth, one yeare as another: But for the moueable hollidaies and Festiuals, they are noted amongst the common notes of the yeares 1620. 1621. & 1622. So that knowing thereby vpon what day of the month Easter Sunday happens, then the 6. Sunday before is Quadragesima, or the first Sunday in Lent, the next before Quinquagesima, Sexagesima, and Septuagesima successiue. Again next Sunday after Easter day is Low Sunday, the 5. Sunday after is Rogation Sunday, The Thursday after is Holy Thursday, Then the 7. Sunday from Easterday is Whit Sunday. The next Sunday after is Trinity Sunday, the Thursday after is Corpus Christi day. Now the Sundaires following Trinity Sunday to Advent Sunday are the Sundaires of the greater distance: And Advent Sunday falleth alwaies vpon the Sunday next before St. Barbara the 4. of December.

Now by helpe of the tables of  $\gamma$  changes fulls & quarters of the moone may you not onely know their times, but also the place of the moone in the Zodiacke for any day of the yeares 1620. 1621. & 1622. in this sort. At the time of new moone, the sun & moone are both in one signe & degree. At the Full moone, in opposite signes and degrees, viz. the  $\Delta$  is 6. signes from the sunne, at the first quarter 3. signes in consequence from the sun, And at the last quarter 3. signes in precedence. This being so, and the place of the sun being readily had by the Almanacke, (for that the day of the Suns entrance into the signes is noted in euery moneth of the Almanack) by reckoning for euery day after such day of the Suns entrance into any signe or degree, you shall haue the degree of such signe, as the Sun is in very neere: which place of the Sun being so readily found vpon the time of any aspect of the moone before noted in the tables for that purpose, then if the  $\gamma$  bee in conjunction, that is at her change, she is in the same signe and degree with the Sun. If at the full, in opposite signe & degree, if at the quarters in the same degree but the third signe in precedence at the last quarter and in consequence at the first. For example, the 24 of January 1620, there hapneth a new moon at 3 & 11. min: afternoone, at which time I desire to know the place of the moone: first therfore I find the place of the sun the same time, by reckoning so many degrees as passed dayes from his entrance into the signe of Aquarius, which is noted that moneth to be vpon the tenth of January, to the 24. the

## A Prognostication.

distance betwixt being 14 daies sheweth that the sun is in the 14 degree of Aquarius. Now for that the Moone is in one and the same degree and signe with the Sun at the change, I conclude her to be in the 14 deg: of ♊. at 3 & 11 min: after noon. Likewise finding the last quarter to happen the 16 day, at 10 and 51 min: before noone, and the place of the ☉ according to the former directions to be in the 6 degree of ♊, I affirme the place of the ☾ to be in the 6 of m. the 3 signe from the ☉ in precedence, and by the like method may I find the place of the moone at the full, first quarter. But if you desire the place of the ☾ for any other time the same day, before or after the time of her said aspects reckoning for every 2 houres 1 degree, you shall haue her place very neere, which being had upon the day of such her aspects by reckoning 13 degrees for every day before or after, you may come very neere to her true place; for example, her place the 24 of January, at 3 and xi. min: being found as before in the 14 deg: of ♊ by taking 31 min: for every the 3 houres, & 27 min: for the 51 min: of time from that 14 degree, I am brought to the 12 deg: of ♊ which is the place of the moone at noone the same day of her change, whereto adding 13 degree I haue her place for the next day the xix. of January to be in the 25 deg: of ♊. A method far more exact then the rules of the Epact, &c.

To know when the Moone will be South any day of the year.

The ☾ age.	Her coming to South.
1 16	12 48
2 17	1 36
3 18	2 24
4 19	3 12
5 20	4 0
6 21	4 48
7 22	5 36
8 23	6 24
9 24	7 12
10 25	8 0
11 26	8 48
12 27	9 36
13 28	10 24
14 29	11 12
15 30	12 0

I find the Moones coming to south doe thus, find her age, that is, how many days she is passed from her change to the day required, with which enter this table in the Column vnder the Title of the Moones age, where hauing found the dayes of her age, right against it in the Column vnder the title of her coming South, you shall haue the houre and min: of her coming south. For example, the xix. of Jan: 1619. finding the ☾ to be xv. dayes old, for that shee is at the full, which her age found in this table in the column vnder the title of her age, in y next column, entituled her coming south, you shall find xii. that is at

midnight, for alwaies before the full from the change, she cometh to the south betwixt noontide & midnight, but after the full, from after midnight to noone-tyde.

To



To know the time of the Moones rising, setting, and shining.

**H**aving found the time of the Moones being at south, by the Table aforesaid, repaire to the 5. column of the Almanacke, where I have set downe the howers and min: of the semidiurnall Arch or halfe length of the day, and there finding the said halfe length of the day against such signe and degree of the Sun, as the Moone is in at your time given, you shall take that for the semidiurnall arch or halfe quantity of the moons abode above the Horizon, which taken from the time of her comming South, before found, you shall have in the remaine, the time of her rising: and if you adde the said halfe quantity to her Southing, you shall produce the time of her setting. And if you double the said halfe quantity, you shall have the whole time of her abode above the Horizon, from her rising to her setting. For Example, the said etc. day of January the Moone being found to bee south at midnight, she is then by the Kalender in the 10 degree of Leo, (for at noone before she was in the 3 Deg: and the noon after in the 17 degree of  $\Lambda$ , the Medium betwixt which is 10 degrees) finding then according to these former directions, when the Sunnes is in the 10 deg: of Leo, which is on the 24 of July, in the 5. column of the precedent Almanacke part herof I find the semidiurnall arch of the sun to be 7 hou 33. min: which I also take for the halfe quantity of time of the moones abode above our Horizon, or (as it is termed) her semidiurnall arch, (for every planet of like longitude in the Ecliptick, have like semidiurnal arches Salva latitudine) and subtracting it from the time of her comming South at midnight, leaveth the time of her rising to be at 4 of the clocke and 27 minuts after noone, which 7 houres & 33 minutes being added to her Southing, the result 7. and 33. min: in the morning, sheweth the time of her setting: Again 7 houres & 33. minutes doubled, giveth 14. hou: and 6 min: for her continuance in our Horizon from her rising to setting. Now for her shining, if you subtract the time of sunne-set from the Moones setting in her increase, Or else in her decrease by taking the time of her rising from the Sunns, sheweth her shining, where note that at the full moone, she shineth during the time of her continuance in our horizon or nocturnall arch found as before is taught. As in this Example, her abode in this Horizon as before is found to be 15 houres & 6 min: whereupon it is to be concluded that she is long shining,

To



## A Prognostication.

To know the houre of the night by the Moone.

**H**aving found as before at what time the Moone cometh South, take a Sundiall and note at what hower therein before or after 12 in the diall, the shadow of the moon pointeth for the true hower of the night, want or is past so much of the time of the moon being south: for Example, the 19 of January at night finding the shadow of the Moone to point in a Sundiall at 4 houres before noone. I conclude it is 8. of the clock, for that it is 4. houres before her coming South, which as before was found that day to be at xii. midnight.

## A Briefe tide Table shewing the times of full Sea in all the Principall Havens in or neere about England.

Dunbogo, Southampt: Portsmouth, Wellins.	3	00	00
Fland. the Spitts, the Sleue along the Swyne,		00	45
Redbau, Aberdeen, West end of the Foz.		1	30
Gravesend, Downs, Tenet, Romney Ramakius,	2	15	
Dundee, St. Andrews, Lisbon, Silly, St. Lucas,	3	0	
London, Cunnouth, Hartlepoole, Byscay, Britaine,		3	45
Galtsigne, Glicia, Portugall,		4	30
Barwick, Ostend, Fount, Blankenbogo,		5	15
Frith, Leith, Dunbar, Harbon,		6	0
Falmoth, Garneley, Seuerne, Linby, Kinnall,		6	45
Fry, Lin, Wumber, Plym, Mountbay, Anwerp,		7	30
Bristol, Lanion, Foulness,		8	15
Hilford, and Bridgewater,		9	0
Portland, Peterport, Hartu, & the Hage,		9	45
Dikney. Poole, st. Helens, Dwell, Embden,		10	30
Needles, Deepe, Casket, Lux, Lenor,		11	15
Harwich, Parin: Wight, Dover, North, Bullen,			
Calice, Calico, Rye, Winchelsey.			

Adding the hours & min: adioyning to the Ports in this Table contained, unto the moones coming south, produceth the time of the tydes in the same Ports. For instance, the 19 day of Jan: I before found the Moone to come to south at 12 midnight: upon which day I desire to know the time of high water at London, I find in this table right against the said place 3 hou: whereby I know the time of high water there is at 3 houres after 12 midnight that day.



A Table shewing the beginnings, continuance,  
and ending, of the Raignes of the Kings of  
England since the Conquest, as also how long  
it is since.

The K. names.	Began his Raigne.	Raigned. yea: mo: dayes.	Since his Raigne.
W: Con:	1066 Octo. 14	20 y. 11 m. 14 d.	552 Sept: 9.
W: Ruf:	1087 Sept. 9	12 y. 11 m. 17 d.	518 Aug: 1.
Henry I	1100 August 1	35 y. 4 m. 11 d.	484 Dec: 2.
Stephen:	1135 Decemb 2	18 y. 11 m. 18 d.	464 Dec: 25.
Henry 2	1154 Octob 25	34 y. 9 m. 1 day	429 July 6.
Richa: I	1189 July 6	9 y. 9 moneths.	419 April 6.
John	1199 Aprill 6	17 y. 6 m. 13 day.	402 Dec: 19
Henry 3	1216 Octob 19	56 y. 4 weekes	346 Nov. 16
Edwa: 1	1272 Nov. 16	34 y. 8 m. 6 daies	311 July. 7.
Edwa: 2	1307 July 7	19 y. 7 m. 5 daies	292 Jan. 25.
Edwa: 3	1326 Janu. 25	50 y. 5 m. 7 da.	241 June 21
Richa: 2	1377 June 21	22 y. 3 m. 14 da.	218 Sep. 29
Henry 4	1399 Sep. 29	13 y. 6 m. 3 da.	206 Mar. 20
Henry 5	1412 March 20	9 y. 5 m. 24 d.	196 Aug. 31.
Henry 6	1422 August 31	38 y. 6 m. 8 da.	158 Mar. 4.
Edwa: 4	1460 March 4	12 y. 5 m. 1 da.	135 April 9.
Edwa: 5	1483 April 9	0 y. 2 m. 18 d.	135 Jan. 22.
Richa: 3	1483 Janua. 22	2 y. 8 m. 5 daies	133 Aug. 22.
Henry 7	1485 Augu. 22	23 y. 10 m. 24 d.	109 April 22
Henry 8	1509 April 22	37 y. 10 m. 2 da.	72 Jan. 28.
Edwa: 6	1546 Janua: 28	6 y. 5 m. 19 da.	65 July 6.
Mary	1553 July 6	5 y. 4 m. 25 da.	61 Nov 17.
Elizab.	1558 Novem: 17	44 y. 4 mo. 15 d.	16
K. Jam.	1602 March 24	After writing 17 y.	

The

## A Prognostication.

The explication & vse of the former Table very necessary and commodious for resoluing all manner of questions, touching the dates of Deeds, Evidences, and Charters dated in any Kings time since the Conquest.

**T**he Table consisteth of 4 Columns, whereof the first containeth the names of the Kings of England: the second the yeares, moneths, and dayes when they began their Raigne: the third, the yeeres moneths, & dayes they raigned: the fourth and last containeth the yeares since the said Kings began their Raigne, which is alwaies the end of the Raigne of the King next before. The questions that may be made & resolved by the contents of this Table, viz. touching the Kings Raignes of England, are either where the yeare of our Lord is known, and the yeare of the kings Raigne required, or contrariwise the yeare of the Kings Raigne known, and the yeare of our Lord desired: or else how many yeares it is since the yeare of our Lord, or the Kings Raigne propounded: all which are resolved thus. The first by taking the difference betwixt the yeare of our Lord giuen, & the yeare of our Lord next lesse answering to the beginning of a Kings Raigne, for that difference is the yeare of the Raigne of such a king. As for Example. A Lease beareth date Anno Dom. 1317. The question is, what yeare of what King it is: for resolution wherof, according to the former directions I find in this Table what yeare of our Lord set at the beginning of a kings Raigne falleth next lesse in number thereto, which here I find to be An. Dom. 1307. which is set at the beginning of the Raigne of King Edward 2. which subtracting from the yeare giuen, viz. 1317. there remaineth 10. for the difference betwixt them, shewing that it was hared the 10. yeare of king Edward the 2. The second question is answered by adding the yeares of the Kings raigne giuen, to the yeare of our Lord set at y beginning of his raign. The resolution wherof will giue the yeare of our Lord desired. For Example. If question were made what yeare of the Lord the x. yeare of the Raigne of King Edward the 2. was, by adding x. to 1307. set at the beginning of his raigne produceth 1317. for the yeare of our Lord. For the other two questions, viz. how long it is since a yeare of our Lord or a yeare of a kings raigne: The first is resolved by subtracting one yeare of our Lord from another: And the second by taking so many yeeres as the kings Raigne, to the time giuen lesse then is set down in the said fourth & last Coluime of the Table against the beginning of the kings Raigne. As for Example, of the first, if I desired to know how long it is sithence the said yeare of our Lord

## Rudstone. 1619.

1317. to this present yeare. The like wherof may be done for any other yeares, by subducting it fro this present yeare 1619, there remaineth 302. yeares for the time since. And for the 2. question of the two last, if the tenth yeare of the said Kings raigne be giuen to know how long it is since, by taking tenne yeares from 312. setting at the beginning of his raigne, and the remaine 302. giueth the time since as befoze. Lastly if question were made, how long time it was betwene the beginning of two Kings raignes, or from some yeare following of one Kings raigne to another, these are resolved by subducting the yeare of our Lord of the beginning of such Kings Raignes, or of any other yeares of their raignes one from the other, for the remaine giueth the time betwixt, as for example: If I would know how many yeares it was from the beginning of King Edward the 2. raigne to the beginning of Queene Maries Raigne by substracting the yeare 1307. when King Edward 2. began, from 1553. when Q. Mary began, I shall haue in the remaine 246 the difference of yeares betwene the beginning of their raignes: but if the question were how many yeares it was from the said 10. yere of Edward the 2. raigne, to the 2. yere of Queene Mary, first I reduce the 10. yere of King Edward the 2. raigne to the yeare of our Lord 9317 according to the resolution of the 2. question befoze set down, and the 2. yeare of Queene Maries Raigne, in like manner by adding 2 to the year 1553 which produceth 1555. Now substracting 1317 from 1555 the remaine 138 giueth the difference of time betwixt the said yeares of their raignes, so that by these directions the vse of this table cannot but be very easie and commodious for the resolving of al questions of the dates of Deeds, Leases, or Charters, dated in any Kings Raigne since the Conquest.

The Natures, beginnings, and endings of the foure Quarters of the yeare, with a particular description of the weather like to happen in each of them for this yeare, 1619. And first of Winter.

**A**t such time as Sol hath arrived to his greatest obliquation & period of digression from the Equator, to the quantity of 23 deg: 43 min: passing in diurnall revolution by the Zenithes, (and thereby parching the Inhabitants) of the Regions of Brasilia & Peru in the west Indies of Monomataga in Africa, and Noua Guynoa in the East Indies, with extremity of heat, by the perpendicularity of his rayes and producing the Summer time to the south continent, and all the south parts from the Equ.

Pte

## A Prognostication.

Pet heere in this Northerne scite by reason of the oblique projection of his beames of light & heat, especially heere in this climate wher at his highest elevation it is mounted vpon the Meridian only 15 degrees, causing the shortest day & longest night of the year, and according to Astronomically computation beginneth the winter the 21. of December at 7 a clocke, & 42 min: after noon the last yeare. This quarter will proue very seasonable answering duly to the Motto of Ian: Freeze the poe by the fire, and Feb: Fill-dyke, for in Ian: for the most part wilbe faire weather & eeldones crūping frosts. And in Feb: often fairs of snow. The beginning of this quarter will proue very boysterous, but ending with a gracfull serenity.

### Of the Spring.

**A** T Phæbus arrivall to the first point of the Zodiackall Decatemoire of the vernall & Equinoctiall signe Aries the point of interfection of the Planets regular line of motion & the line of regularity of the Phenomenes to the world, by which he is duly equidistanced frō both poles, as the most glorious and resplendent lampe of the vniuerse, diffuseth light to all parts of the world in his diurnall reuolution, & so will do for many daies together in regard of refractions, and maketh a spring in all parts, but in this Northerne scite the beginning of spring the 10. day of March, at 8. of the clocke at night, when heere in the paralel of the latitude of this City of London, it is elevated at highest vpon the Meridian, but 38 deg: 27 min: by his Almous Rayes bringeth forth the fruits of the fertility of the earth, albeit elsewhere in places right vnder the Equator (which is very remarkable) for the most part great fairs of raine, as in Peru the river of the Amazons, Brasill, Congo, Melinde & diuers other parts of the East Indies, & as it were the first affront of their winter, & may wel be thought so to be ordered by the diuine prouidence for mitigation of the extremity of heat, which otherwise might be more offensiu to the Inhabitants of those parts, wheras now whether by those raine-falls the multitude of freshets & great rivers, and y first alteration of the suns declination, it is found by experience to be of as conuenient a temperature of ayre for inhabitation, as any other place of the earth.

The beginning of this spring wilbe very forward by many pleasant & fayre springing daies, till towards the latter end about May will it seeme a little to be retarded by some colder dispose of ayre.

Of

## Of Summer.

**S**ummer beginning the 21. of June at a quarter past Mid-night, hauing then attained to his furthest digression from the Equinoctiall towards the North, causing thereby the longest day & shortest night in this Northern Hemisphere, and being his at highest meridian altitude, heere to the quantity of 62 deg. 4 min. by the perpendicularity of Rayes the acutest angles & most denlate lynes of reflection of light, alwaies associated with heat & spirit causeth the greatest heat, and that in great extremity, to the inhabitants vnder this Tropicke Line then as any time vnder the line it selfe, which cometh by reason of the long instance of the suns Daily circumbolutions as it were without any varietie of declination for a long time together: Tholike vntemperate tenes of heat being felt vnder the other tropicke Line at our mid-winter.

This quarter especially about the beginning of July will be very hot, boysterous & tempestuous, the rest leasonable.

## Of Autumne.

**T**he daies & nights equality, the earth second springing robe put on, and the ayres temperate quality & serenity, concur with the beginning of this quarter which falleth out this present yeare at 3 of clocke, and 30 min. after noone the 23. day of September, at which time of the yeare many haue conceived that the Creation was, because that all things do now flourish in their perfect ripenes, which albeit it might inferre some probability, yet for that the like reason may be given for the contrary opinion, because when it is summer on this side the line, it is winter beyond. And the sunne no doubt did first turne and enlighten this habitable part of the earth where the Creation was wrought, before the other, the reason a fortiori stands for the spring time, especially wheras from Analogicall reason, that the second Creation by by Iesus Christ was also performed in the spring time.

This quarter at the beginning will bee very rainy and cloudy, the middle more temperate, but in the end very extreme winter weather.

Elections.



# A Prognostication.

## Elections.

**C** Be not anyaine the Moone beeing in the signe gener-  
ating the member to be phlebotomized, neither when the ☉  
the Sunne is afflicted by the malignants ☿ or ♄.  
But the Moone or Sun happily aspected by the beneficent ♀  
and ♃ leised in a good place of the heauen, in the moone after  
Sun rise fasting, or after noone, after perfect digestion, the  
appt temperate.

For the	{	Flammaticke	{	The ☽	{	☿ or ♄.
		Melancholick		in		☿ or ♄.
		Cholericke				either of these.
		Sanguine				

Againc, Pouch from the change to the first quarter.

Middle age, from the first quarter to the full

Elder age, from the full to the last quarter.

Old age, from the last quarter to the change.

In Spring or Haruest the ☽ being not in ♈ nor neere the ☿  
or ♄ by a day nor ☐ by 12 howres, neither sleeping presently,  
stirring violently, nor using Venery presently after it. But  
note in cases of necessity these rules are not so strictly obser-  
ued.

Prepare humors		☿ or ♄
Comit		☿ or ♄
Purge by needling	{	☿ or ♄
Take Osters		☿ or ♄
Gargarize		☿ or ♄
Stop Rhumes and fluxe		☿ or ♄
Bath		☿ or ♄
Purge w <sup>th</sup> Elect pils, or posions		☿ or ♄

Comfort the vertues attractiue ☽ being in ☿ or ♄, dige-  
stive in ♈ or ♌, retentive in ☿ or ♄, expulsive in ♋ and ♏.  
Plow & increasing in ☿ or ♌, fell timber Moone decreasing  
from June to Ianuarie, fell Coppice in the ☐, cut vines in Fe-  
bruary or March, ☽ being in ☿ or ♄. Remoue Trees  
in the ☐ the Moone decreasing, heare sheepe and cut hayre  
the Moone increasing.

The



The Geographically description of  
*waies from one notable Towne to another, o-*  
*uer all England, and therby how to trauell from*  
*any of them to the City of London: set forth*  
*after a new order, by A. H.*

**N**ote that the figures in the roies under  
 this marke \* is the distance of that towne  
 they stand against, from London, or from the  
 towne you are directed unto.

From Yorke to London 150 miles.

From Yorke goe first to Eadeaster which is 8 miles.

		miles	*	miles		
Chence to	Glenshalgs	12	130	Chence to	Stilton	12 57
	Doncaster	7	123		Bunthorpe	9 48
	Curthorn	12	105		Roydon	13 33
	Retonmarket	10	95		Clare	13 20
	Grantham	10	85		Waltham	8 12
	Stanford	16	69		London	12

From Norwich to London 86 miles.

From Norwich goe first unto Wingham, which is 5 miles.

		miles	*	miles		
Chence to	Acheborough	5	76	Chence to	Barkway	10 30
	Chertford	10	66		Buckridge	5 25
	Yckingham lands	6	60		Clare	5 20
	Retonmarket	10	50		Waltham	8 82
	Wibbithford bridge	10	40		London	12

From Yarmouth to Colchester, and so to  
 London, 92 miles.

From Parmouth goe first to Lifford, 6 miles.

		miles	*	miles		
Chence to	Bladur	10	76	Chence to	Belneon	18 35
	Quap-bridge	8	68		Chelmiford	10 25
	Wood-bridge	6	62		Brent-wood	10 15
	Ipwich	7	55		London	15
	Colchester	12	43			

# A Prognostication.

From Wallingham to London, 82 miles

From Wallingham to Bickham, 12 miles, thence

miles		miles	
2	Brandonferry	10	60
	Newmarket	10	50
	Whitford bridge	10	40
		3 } London, as in Norwich way.	

From Cockermouth to Lancaster, and so to London, 223 miles.

First goe from Cockermouth to Kilswoke 6. miles,

thence to	Grocener	8	217	thence to	Conentry	8	82
	Kendall	14	203		Deuentry	14	74
	Button	7	195		Coecker	10	60
	Lancaster	8	188		Stonistratford	6	50
	Preston	20	168		Bickhill	7	44
	Coligan	14	154		Dunstable	7	30
	Clarlinton	12	142		S. Albons	10	20
	New-castle	20	122		Barnet	10	10
	Lichfield	20	104		London	10	
	Colehill	12	90				

From Barwicke to Yorke 108 miles.

Go first to Belford, which is 12 miles.

miles*		miles*				
thence to	Antwicke	12	84			
	Dorpit	12	72			
	New-castle	12	60			
	Durham	12	48			
		thence to	Darlington	14	34	
			Northampton	10	24	
			Copcliffe	7	17	
			Poske	17		

From Shrewesbury to Couentry, and so to London, 126 miles.

From Shrewesbury goe to Watlingstreet 7 miles,

		miles				miles		
thence to	Shestrall	5	114	thence to	Deriden	10	86	
	Banningall	3	111		Conentry	4	82	
	Wolverhampton	5	106			London as in L <sup>a</sup> .		
	Brimicham	20	96			easter-way.		

From

# Rudstone. 1619.

From Cambridge to London, 44 miles.

First go to Royston from Cambridge, 10 miles, thence

	miles *		miles *
to { Barke-way	4 30	{ Maltham	8 12
{ Buckeridge	5 25	{ London	12
{ Clare	5 20		

From Oxford to London, 47. miles.

From Oxford go to Whitley-bridge, 5 miles, thence

	miles *		miles *
to { Tetworth	5 37	{ Beconsfield	5 18
{ Stoken-church	5 32	{ Abingdon	7 15
{ Wickham	5 27	{ London	15

From Ludlow to worcester, and so to London, 106 miles.

From Ludlow go to Tenbury, which is 5 miles.

	miles *		miles *
thence to { Worcester	16 85	{ Wickham	20 27
{ Eutsham	12 73	{ Beconsfield	5 22
{ Choppington	14 59	{ Abingdon	7 15
{ Allip	12 47	{ London	15

From Carmarthen to London.

Go first to Laundonery, which is 20 miles, then

	miles		
to { Belch	14 135	{ London, as in Lud-	
{ Dreston	12 123	{ low way.	
{ Worcester	26 85		

# A Prognostication.

From S. Davids to Hereford and Gloucester,  
and so to London. 210 miles.

From S. Davids go to Arford, 12 miles.

thence to		miles	thence to		miles
{	Carmarthen	24	{	Farington	10
	Acton	12		Abington	10
	Lambury	10		Dorchester	5
	Brecknocke	16		Wenley	12
	Wye	10		Baldenhead	7
	Hereford	14		Colebrook	7
	Ross	19		Hunslow	5
{	Gloucester	12	{	London	10
	Gloucester	15			

From Carnaruan to Chester, and so to  
London, 207 miles.

Go first onto Conaway, which is 24 miles.

thence to		miles	thence to		miles
{	Denbigh	11	{	Lichfield	18
	Flint	12		Colehill	12
	Chester	10		Coventry	8
	Ellich	15		London, as in Cor-	
	Stone	15		kermouth way.	

From Bristow to London, 97 miles.

First go to Warfall which is 10 miles.

thence to		miles	thence to		miles
{	Chipham	16	{	Reading	15
	Warleborough	15		Baldenhead	10
	Hungerford	8		Colebrook	7
	Newbery	7		London	15

From Excester to London, 138 miles.

Go first unto Womiton which is 12 miles.

thence to		miles	thence to		miles
{	Chard	10	{	Ballingstoke	16
	Crookeborne	6		Bartheron	8
	Oberborne	10		Bagshot	8
	Shaftsbury	12		Stanes	8
	Salisbury	18		London	15
Andover		15			

From

# Rudstone. 1619.

From Douer to London 55 miles.

First go unto Canterbury which is 12 miles, thence

	miles*		miles*
Sittingbourne	12 32	{ Dartford	6 12
{ Rochester	8 23	{ London	12
{ Gravesend	5 18		

From Rye to London 48 miles

First go to Plumtree which is 15 miles, thence

	miles*		miles*
Cambridge	11 23	{ London	15
{ Chesham	7 15		

From Southampton to London 64 miles.

So first unto Twisford which is 8 miles, thence

	miles*		miles*
Alford	8 48	{ Ripley	5 20
{ Alton	7 41	{ Cobham	5 15
{ Farnham	7 34	{ Kingston	5 10
{ Olford	9 25	{ London	10

From Chichester to London, 50 miles.

So first to Withhurst, which is 7 miles, thence

	miles*		miles*
Chiddingfold	10 33	{ Cobham	5 15
{ Olford	8 25	{ Kingston	5 10
Ripley	5 20	{ London	10

From Couentry to Oxford 44 miles.

First goe unto Donham, 14 miles, thence

	miles*		miles*
Bandury	10 24	{ Oxford	6
{ Woodstocke	14 6		

From Couentry to Cambridge, 46 miles

So first to Dunchurch, which is 8 miles, thence

	miles*		miles*
Northampton	10 28	{ S. Edes	8 10
{ Wigdam-forties	10 18	{ Cambridge	10

From

# A Prognostication.

From Bristow to Oxford, 48 miles.

Go first unto ~~Sadbury~~, 10 miles, thence

thence to	{	Cicester	12	26	thence to	{	Oxford	12
		Faringdon	14	12				

From Bristow to Shrewsbury, 70 miles.

First go to Worcester, which is 8 miles, thence

thence to	{	Dunmowth	10	52	thence to	{	Ludlow	8	20
		Hereford	12	40			Shrewsbury	20	
		Lampster	12	28					

There is another way to go to Shrewsbury from Bristow, as to Gloucester, Tewkesbury, Worcester, and Bridg- north, &c. but it is 17 miles further, and then you passe no ferry.

From Yorke to Shrewsbury, 103 miles.

Go first to Wetherby, which is 7 miles,

thence to	{	Deeley	13	83	thence to	{	Donrich	16	36
		Bradford	6	77			Beeton-wood	9	26
		Salisbury	6	71			Whitchurch	10	16
		Blackston-edge	6	65			Duce	4	12
		Rochdale	6	59			Shrewsbury	12	
		Manchester		51				8	

From Barwicke to Yorke, 108 miles.

Go first to Belford, which is 12 miles.

thence to	{	Barwicke	12	84	thence to	{	Darlington	14	34
		Donpit	12	72			Northalerton	10	24
		Newcastle	12	60			Topcliffe	7	14
		Durham	12	48			Polke	17	

FINIS.



**A**fter the High wayes I thought it pertinent here to insert a note of the exact and true Longitudes and Latitudes, of all the principall Townes, noted in the former description: For that hitherto it hath not bene performed by any, and the last vast speedy laborious worke sayles more then any before him: As also for that many of my Spunners Alminacke makers mistake themselves in the very latitude, of the place to which they referre their Almanacks, by reason they are not practised in Geography. The note here followeth.

	Longitude. Deg: Min:	Latitude. Deg: Min:
Yorke.	23 29	54 3
London.	24 20	51 33
Norwich.	25 36	52 45
Yarmouth.	26 0	52 46
Colchester.	25 20	52 0
Walsingham.	25 13	52 54
Cockermouth.	21 26	55 7
Lancaster.	21 55	54 22
Shrewsbury.	21 47	53 0
Coventry.	22 45	52 42
Cambridge.	24 25	52 15
Oxford.	23 26	51 47

# A Prognostication.

*Longitude. Latitude.*  
*Deg. Min. Deg. Min.*

Ludlow.	21 46	52 43
Worcester.	23 12	52 30
Carmarthan.	20 8	52 15
St. Davids.	19 13	52 17
Hereford.	25 43	52 22
Glocester.	22 11	52 10
Carnarvan.	20 8	53 33
Chester.	21 40	53 32
Bristol.	21 43	51 45
Exeter.	21 42	50 50
Dover.	25 44	51 10
Rye.	25 10	51 0
Southampton.	22 58	50 10
Chichester.	23 37	51 5
Barwick.	22 37	55 52
The Lez: po.	19 25	50 10

**FINIS.**